



## Diving Programme of Events

| Competition Session 1<br>Sunday 25 June - 6PM   | Competition Session 2<br>Monday 26 June - 4PM  |
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| <p><u>11.00 – 13.30</u><br/>Open practice</p> <p><u>16:00 Start</u><br/>Women's 1m<br/>Mens' 1m<br/>Open 1m</p> <p><u>16:00 Start</u><br/>Women's 3m<br/>Mens' 3m<br/>Open 3m</p> | <p><u>11.00 – 13.30</u><br/>Open practice</p> <p><u>16:00 Start</u><br/>Women's Platform<br/>Mens' Platform<br/>Open Platform</p> <p><u>18:00 Start</u><br/>Women's Synchro<br/>Mens' Synchro<br/>Open Synchro</p> |

Note: A continuous swimming warmup lane is available all day.

Note: the schedule is subject to change once entries have closed. Changes will be communicated to participants.

### Sharing Facilities

During the event we will be sharing the diving facilities around GB Diving's regular scheduled sessions. All participants are asked to respect GB Diving's session times and ensure they have vacated the diving pit in good time. Participants are welcome to watch the GB Diving practice from the gallery.