

IGLA LONDON 2023

25 – 30 JUNE 2023
LONDON2023.ORG



OPEN WATER ENTRY PACK

LICENSOR



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Introduction

This document contains the required information needed to enter the IGLA London 2023 Open Water Championships.

Please ensure you read this document carefully as some information may be new to you. All entries must be made online, including payment. Details on how to enter online are included in this document.

Contact

IGLA London 2023		
Meet Promoter:	Richard Walton	richard.walton@london2023.org
Meet Administrators:	Richard Snow	richard.snow@london2023.org
Registration		
registrations@london2023.org		

Venue

Docklands Sailing and Watersports Centre

235A Westferry Road
London
E14 3QS

[Directions](#)

www.dswc.org

+442075372626

Key Dates

Entries Open	Monday January 9 th 2023
Entries Close	Sunday May 14 th 2023, 23:00 GMT
Email Withdrawals	Withdrawals must be submitted by email to richard.snow@london2023.org by 23:00 GMT on 20 June 2023

Travel Insurance

Participants have the benefit of third party and personal accident insurance provided by Swim England via Out To Swim while participating in sports activities at IGLA London 2023. However, this does not include travel insurance for trips in the UK or abroad, in

particular there is no cover for travel or accommodation costs for the cancellation of an event.

All participants are strongly advised to purchase sufficient insurance to cover you in the event of an accident, illness or incident outside of sporting activities.

How to Enter

Entry Fees

IGLA Registration Fee (One off fee for whole event)	£65.00 Early Registration Fee £90.00 Standard Fee £15.70 Swim England Temporary Membership*
Sports Individual Fee	£30.00

*Required only if you are not a member of a FINA-affiliated club

Entering Events

All entries must be submitted online via www.london2023.org/registrations

Entry Caps

As events will run concurrently entrants may only enter one open water event.

Entry Confirmation

All successfully submitted entries will be published online following closure of entries via www.london2023.org/sports/openwater

All entries must be made online and payment must be made in full to complete the entry process. Payment is by credit or debit card only, please follow the instructions provided via the registration portal.

All entrants will receive two emails at the time of payment: one confirming receipt of payment and one from the entry system confirming your registration.

Your entry is not complete until your payment has been processed and you have received a confirmation email from london2023.org. Please contact IGLA London 2023 if you have any issues (registrations@london2023.org).

If after you have submitted your entry you find you have missed an event, you may go back and make additional entries, as long as it does not exceed the cap. If you wish to withdraw from an event, please follow the withdrawal procedure. Please note refunds will not be made. All entries are bound by the Conditions of Entry.

Media Accreditation

Media accreditation for those wishing to take official photography on poolside, in spectator areas, and events across the championships is required.

Registration will open for journalists, photographers, videographers in spring 2023. We welcome media from around the world to apply. Full details will be released at www.london2023.org/media-centre

Accreditation

Accreditation must be worn at all times inside the venue within accredited areas by participants, coaches and Team Managers. Accreditation will be issued on an individual and event basis, and is non-transferrable.

Accreditation Check In

All attendees must attend check-in before they access the poolside to collect their lanyards and accreditations pouches.

Date	Time
Saturday 24 June	14:00 – 18:00
Sunday 25 June – Thursday 29 June	07:00 – 18:00
Friday 30 June	07:00 – 11:00

Team Managers

Team Managers (including coaches and chaperones) requiring access to poolside must purchase a Poolside Accreditation pass in advance of the event via the registration portal if they are not competing themselves.

Lost or Forgotten Accreditation Passes

A £10 charge will be applied on all lost or forgotten passes if a competitor arrives at the event without their accreditation.

Accreditation checks will be carried out at the event and entry into the event may be denied without the accreditation pass.

Swimmer Safety

Lifeguards, motorised boats and kayaks will monitor the entire course. A professional safety kayak crew will be on the water to support our swim. A professional first aid team will be on site. Any emergencies will be taken to the nearest hospital.

Each swimmer will be given a highly visible swim cap that must be worn as the top cap during the entire swim. All swimmers will be body-marked with a race number during check-in. Swimmers may be repositioned on the course for safety reasons.

Competitor Information

Provisional Event Schedule

All times are estimated and subject to change. Changes will be communicated via the sports page and Team Managers.

Competitors will also be required to attend a pre-race Briefing, timings for which will be confirmed in the Confirmation Pack after close of entries.

Date: Wednesday 28 June 2023		
Events	Registration	Race
IGLA London 2023 5k Championships	08:30	10:00
IGLA London 2023 2.5k Championships	11:30	13:00

Withdrawals

To ensure that the meet runs efficiently it is essential that those not intending to swim inform the resolution desk as soon as possible. Withdrawals must be submitted by email to richard.snow@london2023.org by 23:00 GMT on 20 June 2023

Please Note: Entry fee refunds will not be made for withdrawals, unless on medical grounds with a supporting doctor's note to be presented. Please see the General Athletes Conditions for full details.

Swim Caps

All competitors must wear a highly-visible swim cap for their safety. Swim Caps will be provided.

Wetsuits

Swimmers may wear wetsuits.

Swimmers who wear traditional swimwear (Category I) and swimmers who wear wetsuits and rashguards (Category II) will compete in separate divisions. You may confirm or change your swimwear division at check-in. We encourage all swimmers to consider any potential for unseasonably cold water when deciding on their swimwear.

Details for wetsuit hire will be shared at a later date.

Timing Chips

Upon check in competitors will be provided with a timing chip. Timing chips must be worn

A £10 charge will be applied on all lost or damaged timing chips.

Racecourse

The IGLA London 2023 race course will be a length of 2.5km and 5km on a 1.25km circuit. Full details will be published following the closure of entries.

Club House Facilities

The Docklands Sailing and Watersports Centre Clubhouse is fully equipped to keep you warm and well fuelled for competition. There are changing rooms with showers and WC inside the clubhouse.

Lockers are available for personal belongings and operated with a non-refundable 20p coin.

IGLA London 2023 – Open Water

General Event Conditions

1. MEET ADMINISTRATION

- 1.1. **Meet Promoter:** Richard Walton (richard.walton@london2023.org)
- 1.2. **Meet Administrator:** Richard Snow (openwater@outtoswim.org)
- 1.3. The competition will be held under Swim England Laws and Regulations and the FINA Masters Technical Rules of Open Water Swimming.
- 1.4. The meet will take place at Docklands Sailing and Watersports Centre, 235A Westferry Road, London, E14 3QS

2. GENERAL CONDITIONS

- 2.1. The meet is held in conjunction with the IGLA London 2023 General Athletic Terms and Conditions.
- 2.2. In the interests of safety, to keep the event within the available time booked at the hosting facility and to ensure the smooth running of the Meet, IGLA London 2023 reserves the right to restrict the number of entries in any given event.
- 2.3. No persons, unless officials, staff, coaches or team managers displaying a valid accreditation pass, shall be allowed in competition areas. Accreditation must be worn at all times inside the venue within accredited areas.
- 2.4. Participants are advised not to leave their belongings unattended and to ensure that valuables are placed in a secure locker or deposited with someone for safe keeping. IGLA London 2023, Out to Swim and the venue management will not be held responsible for property that is damaged, lost or stolen.

3. DATA PROTECTION

- 3.1. We will process personal data submitted by the swimmer or their club in accordance with the current Privacy Notice published by London IGLA 2023 CIC¹. With respect to this meet we will process personal data for the legitimate purpose of running the gala. The items of personal data processed are name, Swim England number, date of birth, sex, and para-swimming classification (if applicable). During the gala we will process name, sex and competition age in reports for the legitimate purpose of running the gala efficiently. At the end of the gala, we will process name, sex, Swim England number and date of birth in the electronic submission made to British Rankings and IGLA. We may also share the full results of the meet, excluding the dates of birth of swimmers, with the competition secretaries of those clubs taking part.

¹ www.london2023.org/privacy

- 3.2. After the gala the personal data processed will be stored securely in both document and electronic formats for 12 months and then erased. This period of storage permits the accurate response to enquiries about the gala and provides statistical information for the purpose of designing the following year's gala. No personal data will remain on any electronic timing systems used to run the gala. You have the right to have your personal data erased from our systems if you have withdrawn from the gala. You also have the right to object to the processing of your personal data. In both cases, please make your request to the promoter.

4. ELIGIBILITY FOR ENTRY

- 4.1. Swimmers must be registered with either:
 - 4.1.1. Swim England as "Club Compete" (Cat. 2) competitor, or
 - 4.1.2. Another FINA-registered National Governing Body.
- 4.2. In line with the General Athlete Conditions International Participants should take care that they have the correct permissions to compete abroad. By signing up you are confirming that:
 - 4.2.1. Your home nation's FINA-registered National Governing Body has granted you permission or a permit to compete abroad.
 - 4.2.2. You have taken out sufficient insurance to cover you in the event of an accident, illness or incident. You understand that you are not covered by Swim England insurance.
- 4.3. UK and international swimmers who are not registered with an eligible club can pay a fee of £15.70 to use the Swim England Temporary Membership scheme.
- 4.4. A competitor must be a registered member of the club in whose name they are entered at the closing date. A competitor may only compete for one Club in the competition.
- 4.5. By submitting an entry to this Meet, a competitor attests to the fitness and ability of the competitor to complete the event without foreseeable injury or incident and without causing delay to the event schedule.

5. AGE AND GENDER CRITERIA

- 5.1. Age Groups swum in the meet will be:
 - 5.1.1. Seniors: 18-24 (years old)
 - 5.1.2. Masters: 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; 90-94; 95-99; 100-104; 105-109 and so on at 5-year increments as necessary.
- 5.2. A swimmer's age shall be determined as at midnight on 31st December 2023 except "seniors" who should have achieved their 18th birthday on or before the day of competition.
- 5.3. IGLA actively welcomes swimmers of all sexual and gender identities. The competition is open to trans, non-binary, lesbian and gay athletes and their allies. Any participant may register for the women's, non-binary or men's events. No proof of identity is required. Medals will be awarded for

each of three categories: male, female, open. Results uploaded to Swim England or your relevant FINA association will be reported based on the sex registered with your governing body.

6. EVENTS

- 6.1. The Championships shall consist of a 2.5km and 5km race.
- 6.2. Swimmers who wear traditional swimwear (Category I) and swimmers who wear wetsuits and rashguards (Category II) will compete in separate divisions.
- 6.3. A cut off time limit will be 120 minutes for the 5km event, 70 minutes for the 2.5km event from the start of each race.

7. MEET PROCEDURE

- 7.1. Registration: Competitors MUST sign in at the registration desk at the appropriate time.
- 7.2. The medical disclaimer must be signed on the day of the event.
- 7.3. Competitor No: Competitors must have their number displayed on their back or upper arms and wear the wristband provided.
- 7.4. All competitors must have trimmed fingernails and toenails and must not wear any jewellery, including watches.
- 7.5. Swim Gear: No competitor shall be permitted to use or wear any device, which may be an aid to their speed, endurance or buoyancy. Goggles, cap, nose clip and ear plugs may be used. Only one swimming costume is allowed. In Open Water swimwear competitors shall not cover the neck, extend past the shoulder, nor extend below the ankle.
- 7.6. Grease: Competitors shall be allowed to use grease or other substances providing these are not deemed as excessive, in the opinion of the Referee.

8. RESULTS AND AWARDS

- 8.1. Participant's times will be computer processed. These results will then be displayed both on poolside and online. Following the meet, all results will be sent to Swim England to be included on their Masters rankings list and to IGLA.
- 8.2. The first, second and third fastest swimmers in each age category (see condition 5.1) in each event shall be awarded medals.
 - 8.2.1. There shall be no official presentation of medals. Medals will be available for personal collection from the Presentation Desk subsequent to the publishing of the official results for each event.
 - 8.2.2. Medals not collected during the meet will not be made available subsequent to the meet.
- 8.3. Results will be available from www.london2023.org/results

9. SAFETY AND CONDITIONS:

- 9.1. Water temperature will be monitored in the run up to the Championships.
- 9.2. On the day of the Championships, prior to the start of the competition, the course will be inspected and water temperature measured to ensure all of the safety requirements are met and the conditions are suitable for staging the Championships.
- 9.3. Reasonable modifications may be made to the course or the manner in which the Championships is conducted based on the conditions at the time.

10. CANCELLATIONS

- 10.1. If the conditions are deemed to be unsuitable and not safe at the Championships, a decision may be made to cancel or stop the Championships.
- 10.2. Full refunds of entry fees to the Championships will be offered to all competitors.
- 10.3. No refunds will be offered for any other expenses incurred in relation to the Championships.

Out to Swim very much looks forward to welcoming you to IGLA London 2023 Open Water Swimming Competition.